



Dear Parent/Carers

LaSalle Parent Group

A key improvement that I am hoping to achieve in 2017 is the re-establishment of a parent group here at LaSalle. The primary purpose of the group will be to identify ways in which matters relating to children's learning and development can be discussed productively in order to provide a parental perspective to appropriately assist the Principal in decision-making.



The meeting will be held at 7.00pm on Monday 23rd October in our Learning Centre.

At this first meeting the intent is to:

- examine the Model Constitution provided by Sydney Catholic Schools;
- discuss the results of the recent satisfaction survey taken at the parent teacher interviews;
- prepare for the School enquiry and review process to be carried out in 2018; and
- select an executive committee to plan the next steps for this group.

I have invited Mr Steve Vujevic to chair this first meeting. Steve is the father of Marko in Year 8, a parishioner of St Felix and a former student of the College.

I hope that a significant number of parents can join us for this important meeting.

Our Graduating Class of Year 12 2017



2017

DATES TO REMEMBER

OCTOBER 2017

9 Staff Development Day
Staff Return Only

10 Students' Return

23 Parent Group Meeting
27 Electrotechnology Zone
World Skills Competition held at Saint Yon

NOVEMBER 2017

1 All Saints Day
2 All Souls Day
6 Year 8 & 10 Exam Block
7 Archbishop of Sydney Student Forum
13 Year 7 & 9 Exam Block



St John Baptist de La Salle,
Pray for us
Live Jesus in our Hearts,
Forever

Michael Egan

Michael Egan
Principal





FROM OUR ACTING ASSISTANT PRINCIPAL: DAVID CLORAN

STAFF DEVELOPMENT DAY MONDAY 9TH OCTOBER

As Term 3 draws to a close, a reminder to all parents and students that the first day of Term 4, Monday 9th October, is a Staff Development Day at the College.

Staff will be participating in professional development activities and, as such, students are not required at school on this day.

Formal classes will recommence for all students on Tuesday 10th October.

I take this opportunity to wish all students a very safe and enjoyable holiday period and congratulate them on their hard work over the past term.



YEAR 11 PRELIMINARY EXAMINATIONS CONCLUDE

Over the past fortnight, students in Year 11 have been completing their Preliminary Examinations. These exams mark the final stage of their preliminary course before they commence the HSC course from the beginning of Term 4.

I take the opportunity to congratulate all students on the contentious, mature and committed approach that they have each taken towards this significant assessment period and on the way that they have conducted themselves throughout the examination block.

Students will receive their results upon their return in Term 4 and I encourage all of them to pay particular attention to the feedback that is offered by their teachers and to use this to build on the foundations that they have laid as they commence their HSC courses.

FROM OUR LEADER OF PASTORAL CARE: MR ADAM WESTWOOD

YEARS 7 AND 8 PASTORAL PERFORMANCE

During Week 9 this term students from Years 7 and 8 had the opportunity to take part in a pastoral performance concentrating on everyday situations faced by today's students.

Two performers explored the different forms of bullying in the playground, in the street and at home. It provided strategies for conflict resolution, anger management, assertiveness and breaking the cycle of violence.

The award winning show shined a spotlight on negative patterns of behaviour that can develop through inappropriate modelling from peers, TV and computer games.

Students gained a great deal from the performances and hopefully use the strategies learn't to help them cope in future life experiences.





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FROM OUR ACTING HEAD OF SAINT YON TRADETRADING CENTRE: MS JIZELLE AKKARI

21st ROTARY YOUTH VOCATIONAL AWARDS

These awards are held each year in various regions of the state. LaSalle Catholic College Bankstown awards were issued by the Rotary Club of Padstow.

These awards are given to the top students for their VET courses of which they are completing in their HSC year, from each school in the area.

This year for the Rotary Youth Vocational Awards we nominated three students.

- Adrian Taliana – Business Services
- Nathan Nguyen – Hospitality
- Jonathan Noujaim – Information and Digital Technology.

It was a pleasure to attend the night along with Mrs Cheryl Newton to watch these young men being awarded their certificates. The student's families were also invited to attend the ceremonies and it was a pleasure seeing them so proud of their sons.

Held on Tuesday 12th September at Chester Hill High School, the students were congratulated for their fine efforts by having citations read out of their achievements and then being presented with their certificates.

We congratulate these fine young men as they move towards continuing their studies or working in their VET areas, in the future.



CONFIRMATION RETREAT

On Thursday 7th September, eight Year 9 students, myself and individuals from the Lasallian Bankstown Office, assisted in the Year 6 Confirmation Retreat at St Felix Catholic Primary School.

The day was filled with many fun activities such as Match the Saint, performing skits on the Gifts of the Holy Spirit and understanding that prayer can be done in many ways.

Overall the day was great in preparing the students for their Confirmation the following night.

I would like to thank Jamie, Lazareth, Jayden, Karam, Anthony, Aian, Bryan and Michael for making the day a success!

Live Jesus in our hearts... forever !

Stefanie Breda, Lasallian Youth Minister





DE LA DAY CARINGBAH

Lucky Damian and I had the opportunity to visit De La Salle Catholic College Caringbah. This experience was amazing as we got to witness how their school celebrated their version of our MAD Day known as De La Day.

They didn't obtain rides like our school but the planning of the stores were excellent.

We had a magnificent trip with Mr Flood and really enjoyed this experience.

Collin Phan & Damian Livrinik - 10 Turon



SYDNEY CATHOLIC SCHOOLS (SCS)

Sydney Catholic Schools (SCS) are in the process of providing to ACARA student background data which is primarily used for the calculation of schools' ICSEA score that is published on the My School website.

We have been asked to remind families that, from time to time, Sydney Catholic Schools are required to provide student background data provided through the School Enrolment Form to government agencies. For more information re Privacy Policy please see the following:

1. the Sydney Catholic Schools [Privacy Policy](#) - Standard Collection Notice on the SCS public website:
2. the [ACARA Privacy notice](#) which is available in 21 other languages at the bottom of the 'My School updates' page of the ACARA website.

If any parent/guardian does not wish their child's unidentified background data to be provided to ACARA, please contact Mrs Anne Saliba on 9793 5600.



St Felix Fete - 11 November 2017

Plants: We would like to start collecting plants that we can sell at our Fete. If you have any plants you would like to donate please bring them to the presbytery.

Prizes: We are looking for donations of gifts, vouchers or money to buy gifts suitable for the Chocolate wheel and major Raffle. Please contact Parish Office if you can donate.





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WHY FAMILY RITUALS MATTER



Family rituals have quite suddenly become an important topic in the media, in parenting forums and in parent education courses. Yet the concept is not at all new; 50 years ago researchers were already discovering the importance of family rituals in bringing stability and strength to families.

Today, we know even more about the benefits of positive rituals in family life. The latest research shows they help parents and children to stay healthy, to calm emotions and help children learn effectively.

So what are family rituals? The American Psychological Association describes rituals as the ways in which parents and children communicate with each other about who they are, the values they cherish and the type of future they are striving for. The Sunday bike ride in the park or Friday's movie night with a bowl of popcorn are not simply about fresh air and entertainment; quite simply they are unspoken ways of letting each family member know they are loved, valued and that they belong.

So rituals can be a great asset to a family. They generally begin unconsciously with a new baby and the repetition of parents' own childhood family rituals. The bath time sing song, the bedtime story and the Sunday morning snooze all together are examples of family rituals that pass on security and stability to young children.

It can be a little harder to maintain these stabilising rituals as children grow older and life gets busier. Work, after-school activities and study can all get in the way of the special family moments that helped the family develop resilience in the midst of life's ups and downs. If the old moments seem to be missing and relationships feeling a little strained, think back to your favourite rituals as an older child and try them out. Have a competition to see which family member has the best idea for a new family ritual. The prize is getting to share your idea of special family time first!

For more parenting tips - Click here.

<https://www.catholiccare.org/children-and-youth-services/catholic-school-counselling/schools-parenting-resource/>

The Schools Parenting Resource is put together by our family specialists who work with families across Sydney everyday.

Disclaimer: This article does not give professional advice. The contents constitute general information of a summary nature of interest and relevance at the time of publication. You should not rely on the contents as professional advice but should seek formal advice in particular matters relevant to your particular situation.

www.catholiccare.org connect@catholiccare.org





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**NEXSTAR
SPORTS AUSTRALIA**

3 Day Multi-Sports Spring Camp 2017

25th, 26th, 27th September 2017

LaSalle Catholic College, Bankstown
544 Chapel Road, Bankstown
9am til 3pm

Enquiries 0411653215 or register online

www.nexstarsports.com.au



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YouthSwim

YouthSwim is a new FREE program teaching young people between 12-18 years safety in the water. YouthSwim is a five day intensive (Monday to Friday) 1 hour lesson, Council will cover the costs. Each participant will receive a pair of goggles and a swimming cap to keep, it is important that they attend each day as well.

YouthSwim information:

- Dates: Monday, 25 September - Friday, 29 September 2017
- Times: 2 sessions - 10am & 11am each at Wran Leisure Centre, Villawood & Canterbury Aquatic & Leisure Centre, Canterbury
- Who: 12-18 year old young people who live in the Canterbury-Bankstown area.
- Cost: Free



Want more information? Contact melissa.semeri@cbcity.nsw.gov.au

Bankstown Jets Touch Free school clinic

Bankstown Jets Touch are running a FREE school holiday clinic these school Holidays at Vale of Ah Reserve in Milperra.

Touch Football clinic information:

- Dates: Monday, 25 September
- Times: 1 session 2pm-5pm
- Who: Children under the age of 18
- Cost: Free



Want more information? Contact bankstownjetstouch@gmail.com

Register at www.bankstownjetstouch.com.au

Term 4 Twilight Sports 7 week tournament

Friday, 20 October - 1 December,

7.00-11.15pm

Morris Emma Indoor Sports Centre, Riverwood

Register at www.cbcity.nsw.gov.au/twilightssports



Who: 12-18 year olds who live in the City of Canterbury Bankstown
 Dinner, uniforms & transport provided.
Online Registrations:
 at www.cbcity.nsw.gov.au/twilightssports
 For more information contact Melissa on 9707 9092
 or email twilightssports@cbcity.nsw.gov.au



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School for Life Foundation Limited **need volunteers**



DATE: Wednesday 4th **October**

TIME: 8am - 5pm at the latest (Times can be flexible)

ADDRESS: [16-18 Valediction Road, Kings Park NSW 2148](#) - SSS warehouse

PLEASE BRING: Water, sunscreen, sunglasses, hat, and wear comfortable clothing as we will be working outdoors.

The tasks on the day will be to sort, re-pack and label the goods for shipment.

Essentially the more support we have the quicker the day will be, we are estimating a minimum of 20 volunteers.

Lunch will be provided for all volunteers.

There will be 2 supervisors on the day myself and my colleague. We both have our WWCC and can provide numbers if required.

School for Life also has insurance for all volunteers. For more information, please contact Jessica Ledieu Executive Assistant and Office Coordinator, School for Life Foundation Limited

e: jessica@schoolforlife.org.au
p: 02 9299 2624 m: 0403 769 794
w: www.schoolforlife.org.au

Like us on Facebook: <http://www.facebook.com/schoolforlifefoundation>

